

JOHN C. FREMONT ELEMENTARY SCHOOL

PARENT INFORMATION BULLETIN 2020-21



-SCHOOL SCHEDULE

TK and KINDERGARTEN: AM 8:00-10:30 Lunch 11:00-11:30 PM 11:30-2:00

GRADES 1, 2: 8:00 - 2:05 LUNCH 11:20-12:00

GRADE 3: 8:00 - 2:05 LUNCH 11:30-12:10

GRADES 4, 5: 8:00 - 2:10 LUNCH 11:40-12:20

EVERY THURSDAY - TEACHER PREPARATION DAY:

GRADES 1-5: 8:00 – 1:30

ENROLLMENT CARDS

Please look over and update this information in Parent Vue. Emergency phone numbers must be included in Parent Vue. This is necessary for your child's protection. If you do not have access to a computer, you may use the office computer for your convenience. Please inform the school office of any change of address. **We must have current information in case of an emergency.**

PLEASE INCLUDE CELL PHONE NUMBERS.

ATTENDANCE

Please do not keep your child out of school for any reason except illness or a family emergency. We need your children here to help them learn, grow, and achieve. Please do not call; rather send a note when your child returns.

Children returning after a contagious disease will need to be readmitted through the office.

CHECKING YOUR CHILD OUT OF SCHOOL DURING THE DAY

If you need to take your child out of school during the school day, please come to the office and we will send for your child. Teachers are not permitted to release children from the classroom without office approval. ID is required to pick up a student. This LBUSD policy has been adopted for your child's safety and to protect him/her from being taken from school by anyone not on the emergency card.

If you need to send someone who is not on the enrollment/emergency card to pick up your child during the day, please send a note or call the school office. Again, this is to protect your child from being taken from school by unauthorized persons.

CAFETERIA SERVICES Breakfast will be served in the cafeteria at 7:30 a.m. Breakfast price is \$2.25. Any student may participate in the breakfast program. Parents are not able to eat meals with their students except during special times--to be announced--as this program is federally regulated.

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During the lunch period children may do one of the following:

1. Go home for lunch, if the parent signs the child out of the office.
2. Eat in the cafeteria. (Tray lunches, including milk, are served for \$3.00)
3. Bring a sack lunch to eat on the lunch benches (1/2 pint of milk may be purchased for \$.50).

Lunch is free to pupils who meet the federal regulations. Please return the lunch application promptly if you think your child is eligible for free or reduced lunch. Note: Even though your child received a free or reduced lunch during the last school year, it is necessary to submit a new application for verifying eligibility. <https://longbeach.rocketscanapps.com>

To pay with a credit/debit card go to **myschoolbucks.com**

PLAYGROUND SUPERVISION AND REGULATIONS

The playground is supervised by teachers and school recreation staff beginning at 7:40 a.m. You are requested to help your child plan his/her departure each morning so that he/she will not arrive before 7:40 a.m. Because of safety reasons, children will not be allowed on the playground until 7:40 a.m. Students arriving before 7:40 need to stay at the lunch benches under the canopy till 7:40. The playground is supervised every afternoon until 3:10 p.m. Please be reminded that we do not provide supervision before or after school for TK and kindergarten students.

POCKET KNIVES, TOYS, ETC.

Pupils are to leave all toys, games, play equipment, trading cards, etc. at home. Bringing knives or any instrument capable of causing bodily harm is contrary to district and state regulations and can result in suspension, transfer or expulsion.

MARKING CHILDREN'S POSSESSIONS /LOST AND FOUND

Please label clearly all lunch pails, sacks, sweaters, jackets, purses, wallets, etc. with your child's name. Many articles of clothing yearly remain unclaimed from our lost and found. The lost and found rack is located outside the ball shed or by Kids' Club Room 21. Items left in lost and found are donated to charity at different times during the school year.

Cell Phones

Students may use cell phones only for emergencies. Please make arrangements with your child each morning for after school activities, transportation, et. Students who bring a cell phone to school must turn it off during the school day.

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RAINY DAY

Supervision will be provided in the classrooms for children who bring their lunches to school. Children eating in the cafeteria will go to their rooms or the auditorium after eating. Quiet activities

will be provided. Students who are not picked up afterschool will go to the auditorium or cafeteria on rainy days. Parents will need to come to the auditorium or cafeteria to pick up their child.

REFRESHMENTS, GIFTS AND PARTIES

We are not allowed to let parents send refreshments to school for distribution to the children. Authorized school parties are the only occasions we can celebrate. The PTA sponsors these parties. Also, we cannot permit collections from pupils for gifts of any kind.

ACHIEVEMENT REPORTS

Achievement reports are issued TWO TIMES during the year, and information concerning progress reports and parent conferences is sent home prior to issuance of these reports.

CONFERENCES

Parent teacher conferences for all grades except kindergarten will be scheduled in November. If additional conferences are desired, please call or send a note to the teacher so he or she can arrange the conference at the end of the school day. Conferences are scheduled for November 4-12, 2019.

DISASTER PREPAREDNESS PLAN

Fremont Elementary School has a disaster preparedness plan in place. This plan is in line with the Long Beach Unified School District plan. The plan is reviewed with the total Fremont staff on an ongoing basis.

DISCIPLINE CODE

The elementary schools of Long Beach have a discipline code. Each teacher will discuss the code with their pupils. Please carefully read this section contained in the “Guidelines for Parents and Students” which can be accessed on the district website at www.lbschools.net.

UNIFORM DRESS CODE

Families and staff overwhelmingly agree that our blue and white dress code positively impacts student performance. The dress of students at Fremont reflects an attitude of self-respect and a commitment to the hard work of learning.

BOTTOM

- Solid navy blue pants, shorts, skirts, skorts, or jumpers
- No prints or denims
- No sweatpants or nylon athletic wear
- No baggy pants; pants should fit well around the waist

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TOP

- Solid white or navy shirt or blouse
- Shirt collars are required; turtleneck is okay
- No prints
- Shirts should be tucked in

OUTER GARMENTS

- Parental choice (the recommended colors for jackets, sweaters, and sweatshirts are navy, white, or gold)
- No team logos

FOOTWEAR

- Closed footwear that covers the entire foot must be worn for safety reasons
- No open sandals, high heeled shoes, slipper-type shoes, or flip-flops
- Socks may be any color

HATS

- No hats are allowed in the buildings
- Only authorized UV protective headwear may be worn outside the buildings

SCHOOL SPIRIT WEAR

- Students may wear school spirit wear (including Fremont carnival T-shirts, 5th grade shirts, and Days of Taste T-shirts)

DISTRICT DRESS CODE

- Students must comply with LBUSD dress code (see “Guidelines for Parents and Students”)

CARE OF SCHOOL PROPERTY

We know that you will work with us in building pride in our school community by encouraging your child to show respect for school property. Vandalism hurts all of us. Dollars spent to repair damage caused by vandalism mean fewer dollars available for instruction.

If you live near the school, we would appreciate your help in reporting any vandalism to the school. The LBUSD 24-hour security number is (562) 997-8101.

Parents are held financially responsible by law for the acts of their children which result in damage to school property including equipment, books, materials, desks and the building.

Please remind your child of the importance of showing respect for our school environment by making sure that litter is placed in our trash receptacles.

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BICYCLES

Students who ride a bicycle, scooter, or skateboard to school must wear a **HELMET**. Bicycles are to be stowed in the bicycle racks. Bicycles must be locked and licensed. Skateboards and scooters may be locked in the ball shed. Please walk bicycles, skateboards, and scooters on the school grounds and the sidewalks surrounding the school.

STREET CROSSINGS

Please review the attached safe route map and encourage your child to follow those directions and urge him/her to cross only at intersections. There is a crossing guard on the corner of 4th Street and Roswell.

AUTOMOBILE SAFETY AND PARKING

Parents must exercise caution and use care when picking up and dropping children at school by automobile. **REMEMBER THAT DOUBLE PARKING IS ILLEGAL AND UNSAFE.** Please do not jeopardize children's lives by asking them to step between parked cars or to cross streets other than at corners. On rainy days, we all need to be especially alert. Please do not drop off students on Roswell. Use the valet drop off for student safety. A supervised student drop-off lane is open on Vermont St. every morning from 7:40 until 8:00 a.m. Please use the valet area if you are dropping off a child. If you need to park your car, we urge you to park on a nearby street and walk your child to or from school. Vermont traffic is one way in the morning heading west.

MEDICATION AT SCHOOL

Please be advised that law forbids us to assist students with taking any medication unless we receive written information from the doctor and the parent. Medication forms are available in the school office.

Additional school information can be found on the school website at <http://fre-lbusd.ca.schoolloop.com> and <http://fremont-pta.org/>